

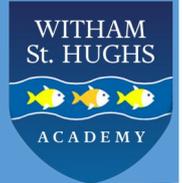


Witham St Hughs Academy
A L.E.A.D. Academy

Witham News

Edition Seven

4th March 2022



Head teacher Comments

Welcome to our March newsletter everyone and I really hope that everyone is keeping safe and staying healthy.

It has been an extremely busy but exciting start to this term but it has been wonderful to be able to have face to face assemblies again and be able to allow the children to play together outside at playtime and lunchtime.

As always, the children continue to approach their learning with such pride and commitment. The children show such determination to succeed everyday and I have been really impressed with their positive attitudes!

I would like to say a massive well done to our amazing Y2 children who did so well during the Rand Farm residential. They had an absolutely brilliant time during their one night stay and had so many exciting stories to tell. Next week, our Y6 children will be going on their residential visit to PGL at Caythorpe and I know they are clearly very much looking forward to this!

Just a reminder that we have Parents' Evening coming up on 22nd and 24th March and this is in school face to face. It will be lovely to see everyone in our school building once again and I look forward to seeing you all.

Thank you for your continued support and if you do have any questions or queries then please do not hesitate to contact the school office.

Kind regards,

Richard Stock

Headteacher, Witham St Hughs Academy

Office Opening Hours

Monday — Thursday

8.15am—4.15pm

Friday

8.15am—4.00pm

One way system

Please be reminded that this is still being used within school.

Please use the Warren Lane entrance like previously used unless you are dropping off a scooter and can then use the Market Lounge access.

The intention is for a majority of people is to still enter from Warren Road.

When leaving, please do not leave through the main entrance gates onto the playground.

Thank you





Health and Safety

As always, our main priority is the safety of all pupils, staff and parents.

Public Health Information

Despite Covid-19 restrictions being eased nationally from 24th February, schools are still being very mindful about ensuring that all of our children have continuity of education. Below are some reminders.

- Parents should be asked to continue to test their children if they show any Covid-19 symptoms (online ordering of tests can be found [here](#)) and if positive, should keep their child at home for at least 5 days and until the child displays two negative tests on consecutive days
- Parents should be asked to notify the school of a positive test so that the appropriate remote education can be offered where the child remains well enough to access it
- In the event of a positive case, you do not need to inform any other parents of close contacts

We recognise that we cannot insist on this being implemented given the removal of Covid restrictions, but would encourage people to support us in order to minimise illness and disruption to education.

The main symptoms of COVID-19 are:

- high temperature
- a new, continuous cough – this means coughing a lot, for more than an hour, or 3 or more coughing episodes in 24 hours
- a loss or change to sense of smell or taste – this means they cannot smell or taste anything, or things smell or taste different to normal
- other symptoms such as runny noses and headaches have been reported as well

As a school, we are still actively promoting hand washing and continue to keep all of our classrooms and corridors well ventilated.

If you do need to report a positive case to school then please contact the school office either by phone or email.

Thank you to everyone for their amazing support with this already during this academic year.

Head lice

Please can you ensure that you regularly check your child's hair for head lice - boys and girls. Keeping classrooms head lice free is important for the comfort of our children and staff and can only be achieved with all parents and carers working together and checking regularly.

Ukraine Information

In response to the Ukraine Crisis, this week's online edition of First News (the children's newspaper) will contain special reports written to help explain the situation to KS2 children. This edition is being made free to access for all parents by clicking on the link below.

Parents want trusted news right now. The 6 page Ukraine Explainer has been written specifically for children in an age-appropriate, unbiased way. Access for free today.

https://subscribe.firstnews.co.uk/ukraine-special-report-free-access/?utm_medium=email&hsmi=205456353&hse_nc=p2ANqtz-84zoTNR52IL60kgfn0Pw1sR2IY4zEIO4xKsr7b_R4W6ds5P_QBRq24pmDpmHuH_Bq1ov3uW3_4a2n4ql_52iu82b-E_KGT8HUNfBDsgciQYD1GDys&utm_content=205456353&utm_source=hs_email

Scholastic Book Club

At Witham St Hughs Academy we love reading! Don't forget that our latest **Scholastic Book Club** is now online at <https://schools.scholastic.co.uk/witham-st-hughs/digital-book-club>.

There are hundreds of fantastic children's books to choose from, and **every £1 you spend** on this month's Book Club will **earn 20p for our school** in Scholastic Rewards. You can also redeem World Book Day vouchers with your order.

Please place your **order online by** March 13th, 2022.

Crisp Packet Recycling

Thank you to everyone who has sent in crisp packets for recycling over the last few years. The scheme will be finishing at Easter so the final date for sending in any packets for recycling will be 31st March.

Any packets you may have to be recycled can be dropped off at Miss Patmore's classroom.

Enhanced Provision

As you will know, children have benefited from a significant after-school enhanced provision offer this year.

We are aware that many of our parents have fantastic skill sets that they may be able to share with our pupils, such as sports coaching. If there is something you feel you can offer the Academy enhanced provision programme, please get in touch with Mrs Broadley.

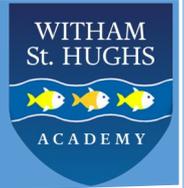
Online Safety

With more children having access to technology every year, it is important that they continue to use it safely and carefully.

As a school, our responsibility is to teach the children all about internet safety and enable them to feel confident and safe when using it. Please remember that sites such as Whatsapp and Snapchat have an age category of 13 years old. With this in mind, if your children are using these sites, then this needs to be monitored carefully.

We have been told that there is a video on Youtube called Huggy Wuggy that is being watched by some children. Although this does appear cartoon like, some of the content and animations used could be quite scary and upsetting for our children. Please be mindful if this comes up in a search. Thank you.





Diary dates

March 2022

Thursday 3rd March

World Book Day

Friday 18th March

Red Nose Day

Tuesday 22nd March

Parents' Evening from 4.00pm—7.00pm

Thursday 24th March

Parents' Evening from 4.00pm—7.00pm

Thursday 31st March

Term Four ends at 2.00pm



April 2022

Tuesday 19th April

Term Five starts

May 2022

Monday 2nd May

Bank Holiday

Tuesday 3rd May

Y2 SATS begins in school

Monday 9th May

Y6 SATS week begins

Thursday 26th May

Term Five ends



Welcome to the Witham Well-Being update. Welcome to the new term and hopefully some more signs of spring arriving in the next few weeks. Continuing on from our mindfulness theme there is a lovely resource for something to do each day throughout March. Why not try a few of these and maybe something new?

Mindful March 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Set an intention to live with awareness and kindness	2 Notice three things you find beautiful in the outside world	3 Start today by appreciating your body and that you're alive	4 Notice how you speak to yourself and choose to use kind words	5 Bring to mind people you care about and send love to them	6 Have a 'no plans' day and notice how that feels	
7 Take three calm breaths at regular intervals during your day	8 Eat mindfully. Appreciate the taste, texture and smell of your food	9 Take a full breath in and out before you reply to others	10 Get outside and notice how the weather feels on your face	11 Stay fully present while drinking your cup of tea or coffee	12 Listen deeply to someone and really hear what they are saying	13 Pause to watch the sky or clouds for a few minutes today
14 Find ways to enjoy any chores or tasks that you do	15 Stop. Breathe. Notice. Repeat regularly	16 Get really absorbed with an interesting or creative activity	17 Look around and spot three things you find unusual or pleasant	18 If you find yourself rushing, make an effort to slow down	19 Appreciate nature around you, wherever you are	20 Focus on what makes you and others happy today <small>dayofhappiness.net</small>
21 Listen to a piece of music without doing anything else	22 Notice something that is going well, even if today feels difficult	23 Tune into your feelings, without judging or trying to change them	24 Appreciate your hands and all the things they enable you to do	25 Focus your attention on the good things you take for granted	26 Choose to spend less time looking at screens today	27 Cultivate a feeling of loving-kindness towards others today
28 Notice when you're tired and take a break as soon as possible	29 Choose a different route today and see what you notice	30 Mentally scan your body and notice what it is feeling	31 Discover the joy in the simple things of life			

ACTION FOR HAPPINESS **Happier · Kinder · Together**

Pastoral Support

Ms Ford and the pastoral team continue to work hard to support those children who may need additional support.

Ms Ford has dedicated time at the start and end of each day to talk to children about how they are feeling.

These sessions will take place in the new nurture room at school and are led by Ms Ford on an individual or small group basis.

Useful Numbers

Child Line: 0800 1111

Young Carers Helpline: 01522 553 275

Samaritans: 01522 528 282

Family Services: 0800 195 1635

Women's Aid: 0808 2000 247

Who to contact?

Remember that we are always here to support you and Michelle Dexter our distinct groups leader contacts many parents regularly to make sure everything is going well.

Her email address is michelle.dexter@withamsthughs.org

If you think that you need further support then do not hesitate to contact school on: 01522 869590 or enquiries@withamsthughs.org



Stay Safe