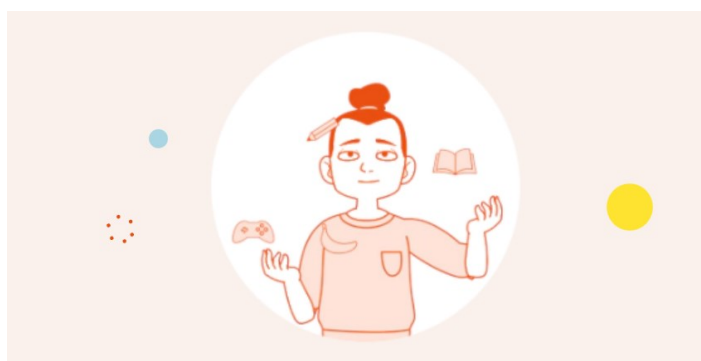




### **Welcome!**

Welcome to Witham St Hughs Academy's Safeguarding Newsletter. Keeping children safe is of course, our key priority here at school. Safeguarding takes many forms including: Protecting children from harm; preventing impairment of children's health and development; enabling safe and effective parenting and giving children equal opportunities in life. We do many things every day in school to ensure pupils are safe including: ensuring all staff are trained in safeguarding; having clear policies and procedures in place to keep children safe; monitoring pupil attendance; ensuring a safe and healthy site; ensuring the behaviour of pupils is in line with the Academy behaviour policy and using our curriculum to teach children about risk taking, diversity, healthy lifestyles, managing relationships, online safety and much more. Our safeguarding policy is always available to view via our website.



### **Focus on: Injuries**

A key part of staff's safeguarding responsibility in school is looking out for any unusual or unexplained injuries children may present. This is a legal duty of care that all members of staff have as part of their role within school. Whilst we understand that children will often have bumps and scrapes from day-to-day play, more significant or unusual injuries may warrant further questions to be asked. We will always ensure parents/carers are part of these conversations as appropriate, with the sole goal of ensuring children are kept safe at all times.

### **Focus on: Healthy Gaming**

As Christmas approaches, we know that games will be top of the Christmas list for lots of children. Whilst online gaming can pose a high risk to children if not carefully controlled by parents/carers, it can also be something to be enjoyed by children of all ages. Place2Be have created a great article covering:

- Parental controls
- Playing together
- Watching out for risks
- Healthy balance
- Boundaries

This can be found here:

<https://parentingsmart.place2be.org.uk/article/supporting-healthy-gaming-habits-for-children>



### Who can help?

Every school has a 'Designated Safeguarding Lead'. At Witham St Hughs Academy, these are: Richard Stock, Emily Broadley, Hannah Younger and Michelle Dexter. Our safeguarding governor is Julie-Anne Leak. If you have any concerns in relation to a safeguarding, please feel free to speak to a safeguarding lead at any time.

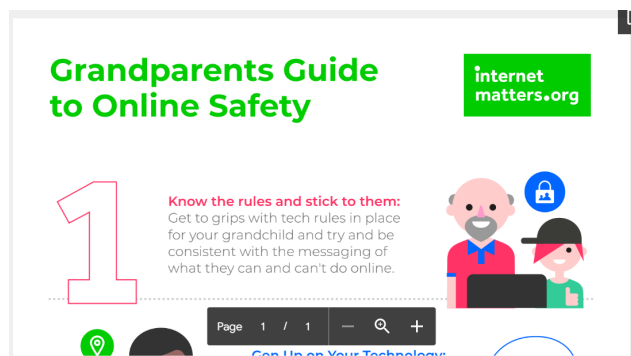
### Useful phone numbers

Social Services: 01522 782111  
 ChildLine: 0800 1111  
 Lincolnshire Prevent Team: 020 7340 7264  
 Young Carers Helpline: 01522 553275  
 NSPCC whistle blowing helpline: 08088 005000  
 FGM helpline: 08000 283550  
 Samaritans: 01522 528282  
 Family Services Directory: 0800 195 1635

### Online Safety: Grandparents Guide to Online Safety

Many grandparents will be carers for children either in a full time or part time capacity and it is vital that they have a good understanding of the risks and issues faced by children and young people. Internet Matters have put together a fabulous guide for grandparents giving advice on a range of issues such as:

- Screen time.
- Online gaming.
- Managing money.
- Peer pressure.
- and more.



This excellent online guide is available here: <https://www.internetmatters.org/resources/grandparents-guide-to-online-safety/>

Q Five quick tips	Q Live streaming – What is it all about?
Q Screen time – How much time are they spending online?	Q Inappropriate content – Managing what they see
Q Parental controls – Create a safe place for children to explore	Q Cyberbullying
Q Online gaming – Playing safely	Q Sexting – What you need to know
Q Managing money online	Q Peer pressure – Effect on behaviour